

# ROCKOLA TWIRLERS ORGANIZATION

9027 Lakeshore Blvd., Mentor, Ohio 44060 440-567-0663

[www.rockolatwirlers.com](http://www.rockolatwirlers.com)



Rockola Twirlers

*Created May 1994*



@rockolatwirler

*Instructors Michelle & Molly Moyer*

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**INTRODUCTION:** Michelle & Molly Moyer Voicemail 440-567-0663  
Box 603  
Grand River 44045 rockolamamma@gmail.com

Team of Coaches- Experience:

Certified Instructor and Judge  
30+yrs. Rockola Twirlers Instructor  
20 yrs. active twirler and member of twirling organizations  
30+ yrs. instructing groups  
30+ yrs. private instruction to 4-19 yr twirlers  
Member of Cleveland Dance Project & College Dance Line  
Previous Mentor High School Majorette Line

Origination:

The decade of the fifties is the theme of the group. Rockola is a popular fifties-style jukebox. The uniforms and music reflect the era and the twirlers march in parades to the nostalgic rhythms coming from a 1948 panel truck.

Values and Beliefs:

I believe that baton is a truly enjoyable and rewarding hobby and sport. Young twirlers have a chance to develop spatial awareness, fine motor skills, coordination, flexibility, ambidexterity, stamina, rhythm, and body strength. Twirlers also benefit from the life skills that the sport of baton twirling teaches such as sportsmanship, teamwork, time management, goal-setting skills, self-confidence, positive self-esteem and commitment. Twirlers learn to deal with pressure and appreciate the rewards of determination and dedication. These skills support them throughout their lives.

It takes a lot of practice, but the final outcome of all the work put in is worth it. The parades and competitions are fun for the twirlers because they have a chance to show off in their fancy uniforms, strutting their stuff.

I always stress the fun of the sport. Competitions are challenging, but the fact that the twirlers performed their personal best is something to strive for and be proud of.

## **ACTIVITIES:**

Parades- typically ~ 2-3 per year

*Memorial Day, Headlands Fourth of July, Kirtland, Timberlake, or Willoughby*

Competitions-

Competition season begins in the fall and ends in spring

Usually 3-4/yr. (Eastlake, Wickliffe, Madison)

Contests are on selected Saturdays or Sundays from 8am - 3pm.

Optional Contests for traveling. (Napoleon, Ontario, Parkersburg)

Activities - past activities have included: Bring a Friend Night  
Picnics, Holiday Banquets, Glamour Day, Gym Day

Performances - Cityfest, Great Lakes Mall, spring Recital

## **UNIFORMS:**

Initial Performances:

- Rockola t-shirt(\$23)& black shorts.
- all-white canvas or leather tennis shoes

Parade Uniform: Poodle Skirt (\$66) & pink broidered Shirt (\$23)

Contest Uniform: Voted on by team members (\$25 - \$55)

For practices:

- Comfortable clothes: sweats or shorts
- tennis shoes (No big soles)
- no jewelry
- hair must be pulled back and out of the way

## **Equipment:**

Baton - length of under arm to beyond fingertips

Arrowhead Music & Phabes Music sell batons

Michelle can order a baton (\$27)

## **PRACTICES:**

Half-hour beginner group lessons.

**Lost Nation Sports Park** - 38630 Jet Center Drive (near Lost Nation Airport) during the school year

**Mentor Beach Park** - 7779 Lakeshore Blvd. (Mentor on the Lake) in the summer